

## **Adult Day Program (ADP)**

### **COVID-19 Guidelines**

Memories+ Adult Program and Wellness Centre has worked in conjunction with York Region Public Health and the Ministry of Health guidelines to create an environment that allows our members to thrive and achieve as much normalcy as reasonably possible.

At Memories+ Group, we promote social interaction and understand that it is critical to balance the risk of transmission and infection of COVID-19 in older adults with the harms of day program closure on their physical, and mental health.

Members who are at an increased risk of adverse outcome from COVID-19 due to underlying medical conditions such as compromised immune systems, chronic medical conditions such as cardiac and lung disorders, and who are medically complex should discuss a return to program plan with their medical provider.

The health and safety of our community members and employees is our primary concern. Until further notice members wishing to partake in Memories+ ADP shall not reside in a Retirement Residence or LTC facility.

Please note that the information that follows is our best guidance as of the time of publishing. As the understanding and path of COVID-19 and its impact on our society evolves, so too will these policies and procedures that are recommended and adopted in our daily lives. Please be aware therefore, that information contained within this report is subject to change.

### **Strategies**

- All members, and staff will complete a daily health screening prior to arriving to the ADP (copy of the screening tool will be provided).
- No members or staff will be permitted to enter the day program if they or any one they have come in contact within the 14 day period prior to the date of participation at the program are experiencing any type of respiratory infection or symptoms of COVID-19, have travelled outside of Canada, have a confirmed or suspected case of COVID-19, or have come in contact with a person who has been diagnosed with or is suspected of having COVID-19.
- Members are to be dropped off using the side (North/East) entrance. No visitors will be permitted inside unless deemed essential. Exception for new members who may be accompanied by one family member for the initial nursing assessment/visit.
- Entrance doors to the day program will remain closed, please ensure to ring the doorbell and one of our team members will come to greet you and your loved one.
- In accordance with York Region Public Health, all visitors will be required to wear a face mask while at Memories+ Group. A clean disposable face mask will be provided at each visit.
- A person shall be exempt from wearing a face mask if the person is compromised by wearing a face mask because of a medical condition, or is unable to place or remove a face mask without assistance (staff will be able to assist if needed).

- The face mask may be removed temporarily when receiving services that would require the temporary removal, consuming food, or drink, for an emergency or medical procedure, while actively engaging in an athletic or fitness activity, and in some designated employee only areas.
- All persons entering Memories+ facility will have their temperatures checked, must sanitize their hands, will be provided with a clean disposable mask to wear, have their health screening completed by a Memories+ staff, leave a record of their visit.
- Signage will be posted to alert members and staff to the signs & symptoms of COVID-19 (copy of COVID-19 signs & symptoms will be provided).
- To the greatest extent possible, ADP space will be reconfigured to allow for a 2-meter physically distanced layout. Due to physical distancing requirements, smaller group attendances will be scheduled.
- Members and staff will receive instruction on cough and sneeze etiquette, hand hygiene practices (handwashing or the use of alcohol – based hand sanitizer), use of PPE (masks, goggles/face shield), how to protect self - including physical distancing.
- Eye protection (goggles/face shields) will be worn when patrons are with in six feet and not wearing a face covering.
- All members will have individual labelled supply kits (e.g. glue, scissors, pens/pencils, pencil crayons), and any other items shared will be sanitized between use.
- Routine hand hygiene will occur before/after lunch, bathroom routines, before/after mask application or removal and as needed.
- Memories+ Group will significantly increase the regular cleaning and disinfection of high traffic spaces and frequently touched surfaces at least twice in a day in accordance with public health recommendations. Sanitation of washroom after each use.
- Additionally, Memories+ Group has purchased a Disinfectant Fogger Machine to sanitize surfaces.
- Portable Medical Grade HEPA Filtration System has been procured.

## Protocols

If a member or employee has new, worsening or unexplained symptoms, they should seek assessment from their primary health care practitioner, and if appropriate, tested at a COVID-19 Assessment Centre as early as possible and be in contact with York Region Public Health (YRPH) at 1-877-464-9675 ext. 73588 or after hours at 905 953-6478 to receive instructions and protocol, and are to advise Memories+ Director of Care of YRPH directions.

A member who presents with any COVID-19 symptoms or illness while at the ADP will be assessed by our Director of Care and placed in isolation until they can be picked up.

Members, family members and employees are to inform the Director of care of any COVID-19 symptoms, possible or confirmed COVID-19 diagnosis, or any exposure to possible or confirmed COVID-19 cases. Our Director of Care will work directly with YRPH to ensure protocols are being followed, implement additional measures and changes as required, and disseminate communication to our members/community as per YRPH.

Our plan has many strategies to minimize and reduce the risk and spread of COVID-19. However, it is important to realize that we cannot provide a “zero risk” plan.